

Create Four Seasons of Yum & Fun

Plan for a year filled with fun and nutrition. This complete calendar features recipe ideas, themed activities, and lots of food for thought. We hope you'll find it helpful as you map out your school year.



SEASONAL SUMMARY

BE READY FOR BACK TO SCHOOL: August and September

Ahhh, back to school. The summer-to-fall transition is in full swing, which is why we're highlighting recipes and theme days that keep the positive vibes strong through this busy and exciting stretch.

SEASON HIGHLIGHTS:

- National Dog Day
- Talk Like A Pirate Day FEATURED RECIPE:
- Cheesy Chicken and Rice
 Quesadillas

2

4

FOODS THEY'LL FALL FOR IN AUTUMN: October, November, and December

The days are getting shorter and the upcoming holiday breaks are on everyone's mind, but worry not! We're here to help your school stay stress-free and focused with soul-warming culinary and activity ideas.

HEAT UP WINTER MENUS: January, February, and March

We've selected the perfect mix of meal ideas and interactive activities to keep the energy up and the winter blues at bay.

WIN THE SPRING SPRINT: April, May, and June

The weather is warming up and the end of the school year is in sight! That's why we've curated a celebratory mix of food and activity ideas to ensure everyone finishes on a high note.

SEASON HIGHLIGHTS:

- National Art Day
- Ugly Sweater Day
- **FEATURED RECIPE:**
- Turkey Pot Pie

SEASON HIGHLIGHTS:

- National Soup Month
- National Kid Inventors' Day
- National School Breakfast
 Week

SEASON HIGHLIGHTS:

- National Earth Day
- Staff Appreciation Week FEATURED RECIPE:
- Breakfast Banana Split



AUGUST: Bring Them Back to Smiles

FEATURED 8/31 **ACTIVITY**

National Trail Mix Day

It's the perfect day to celebrate wholesome snacking. Have fun with your students by putting up signs that showcase trails within well-known National Parks.

On each sign, write this sentence at the top:

Happy National Trail Mix Day! What mix of snacks would you take on the (insert name of trail) in (insert name of national park)?





National Tell a Joke Day

"Why are goldfish so smart? Because they swim in schools!"

Get students laughing with "joke posters." In the morning, students see the jokes and can guess the answers. After lunch, the posters are unfolded to reveal the punchlines.

8/26

National Dog Day

Celebrate this fur-tastic holiday by asking your students to email a picture of their favorite dog (or dog character), along with the dog's name and why that pup is special to them. Use digital signage to showcase the photos, creating a shout-out to all the four-legged friends out there.

RECIPES OF THE MONTH



SLOPPY JOE SLIDER MADE WITH CAMPBELL'S® HEALTHY REQUEST® TOMATO SOUP









FEATURING

Goldfish® Grahams **Baked With Whole Grain Honey Bun**



SEPTEMBER: Create School Meals to Remember

FEATURED ACTIVITY 9/14

National Coloring Day

Did you know different colors can create different emotional responses? Explore the psychology of color with your students by asking them to color freely on a blank piece of paper. Once they're finished, ask them how the resulting combination of colors makes them feel and reveal which colors are believed to match up with which feelings.

For your reference, here are various emotions associated with the most common colors:



ORANGE: CONFIDENT • BRAVE • SOCIAL

YELLOW: CREATIVE • HAPPY

GREEN: BALANCED • SAFE • YOUTHFUL

BLUE: CONTENT • IN CONTROL • STRONG



Talk Like a Pirate Day

ARRR! Have some fun with your students by asking your staff to talk like pirates when serving today's meals.

9/25

National Quesadilla Day

No meal mixes things up quite like a quesadilla. Serve them to your students this week!

RECIPES OF THE MONTH



CHEESY CHICKEN & RICE QUESADILLAS MADE WITH CAMPBELL'S® HEALTHY REQUEST® CREAM OF CHICKEN SOUP







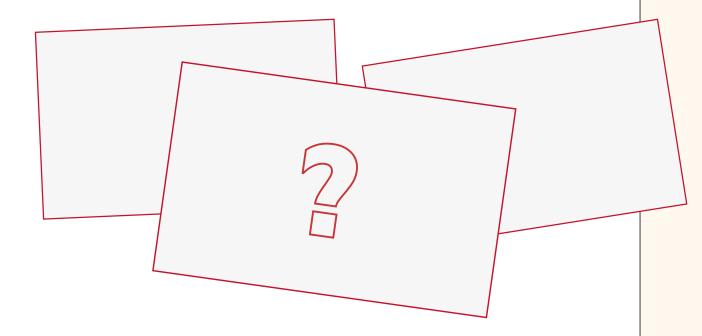


OCTOBER: Dish Out Delightful Snacks & Meals

10/25 FEATURED ACTIVITY

National Fine Art Appreciation Day

In the days leading up to National Fine Art Appreciation Day, distribute printouts with a large empty rectangle in the center of the page. Ask your students to fill in their rectangle however they would like and to bring their completed work of art to school on National Fine Art Appreciation Day.



On National Fine Art Appreciation Day, use a large, centrally located area to post the students' completed sheets so you end up with a unique school-made collage!



10/21 National Apple Day

Provide students with three (or more) different kinds of apple slices, along with the names and descriptions of each variety. Build excitement beforehand with digital signage or posters that let students know an apple taste test is coming up.

SECOND **WEEKIN OCTOBER**

National School Lunch Week

Started by John F. Kennedy in 1962, this event celebrates all the benefits of a nutritious school lunch. Learn about this year's theme, download materials, and more here.

RECIPES OF THE MONTH



APPLE DUNKERS MADE WITH GOLDFISH[®] GRAHAMS BAKED WITH WHOLE GRAIN HONEY BUN





CREAMY SWEET HEAT CHICKEN & WAFFLES MADE WITH CAMPBELL'S® CLASSIC HEALTHY REQUEST® CREAM OF CHICKEN



FEATURING

Campbell's[®] Healthy Request[®] Cream of **Chicken Soup**



NOVEMBER: Offer a Feast of Fun & Flavor

11/18 FEATURE **FEATURED**

Mickey Mouse's Birthday

We've created a list of activities to help you get your students excited about this magical character's big day.

Hang posters with inspirational Walt Disney quotes, such as:

"It's kind of fun to do the impossible."

Encourage students and staff to come to school with Mickey ears and Mickey-themed clothing.

Serve Goldfish[®] – Disney **Mickey Mouse Cheddar Crackers Baked With Whole Grain to add** some extra fun to your recipes.





National Recycling Day

Use today's lunch as an opportunity to educate students on what types of items should be recycled. Digital signage messages and posters near recycling bins are great places to start.

11/25

National Parfait Day

Did you know the oldest version of this wholesome treat dates back to an 1892 French recipe? Serve a more modern take at lunch today!

RECIPES OF THE MONTH



YOGURT PARFAIT WITH FRESH BERRIES AND GOLDFISH® **GRAHAMS BAKED WITH WHOLE GRAIN-FRENCH TOAST**





DECEMBER: Make Every Meal a Celebration



National Letter Writing Day

Celebrate the write way by offering your students the chance to thank your staff with a holiday letter.

Dear K-12 Partner,

Collect the notes in a box and then surprise your hard workers with the students' messages. Cheers!

Gleefully,

Your friends at

Campbell's Foodservice

THIRD **FRIDAY IN** DECEMBER

Ugly Sweater Day

Give the students big smiles with an ugly sweater display, lunch edition. Ask each of your employees to wear an ugly holiday sweater.

ANY TIME IN DECEMBER

New Year's Resolutions

Another year is almost here! In the spirit of turning a new leaf, ask your students to use a notecard to write down an accomplishment they're proud of from this year on one side and a goal they have for next year on the other side. Before winter break, post the cards up to show the first side. Once school is back in session, flip the cards over to reveal the resolutions.

RECIPES OF THE MONTH



CHICKEN STRIP BISTRO LUNCH BOX WITH GOLDFISH® MADE WITH WHOLE GRAIN CHEDDAR CRACKERS







THAI CHICKEN BOWL MADE WITH CAMPBELL'S® HEALTHY REQUEST® CREAM OF CHICKEN SOUP

MADE WITH

Campbell's® Healthy Request[®] **Cream Of Chicken**



JANUARY: Serve Up Soups They'll Favor

FEATURED ACTIVITY

National Soup Month

Happy New Year! The holidays are over, the days are short, and school is back in session. There's never been a better time to warm up to a bowl of soup. For extra soup-tastic fun, try the below game.

1/17

National Kid Inventors' Day

Use today's holiday to inspire kids by honoring inventors and their incredible creations. Display printouts or digital signage with the name and image of the inventor, followed by their invention. Here are a few examples:

Mary Anderson

Invented the windshield wiper in 1903 after riding in a New York City trolley while it was sleeting.

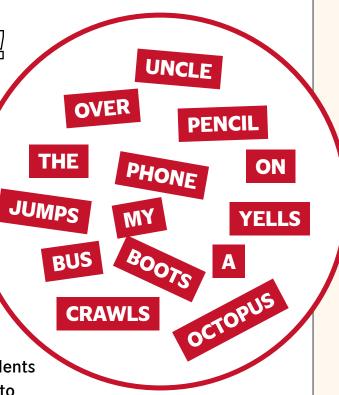
George Washington Carver

Introduced crop rotation to American farmers in the early 20th century and developed hundreds of revolutionary plant-based food products.

WORD SOUP!

Using a whiteboard or poster, draw a large circle to represent a soup bowl. Using notecards, tape up 15-20 words inside the bowl, so they're all mixed up. Leave a large space underneath and instruct students to create sentences using the notecards from the bowl.

Be sure to switch out the words every few days to keep your students engaged. Here's an example list to get you started!



RECIPES OF THE MONTH



TURKEY POT PIE SOUP WITH CAMPBELL'S® HEALTHY **REQUEST® CREAM OF MUSHROOM SOUP**



SOUTHWEST CHEESY CHICKEN TOMATO SOUP MADE WITH CAMPBELL'S[®] HEALTHY REQUEST[®] TOMATO SOUP

WINTER STRETCH



Hedy Lamarr

Helped invent an early version of Wi-Fi in 1942, in addition to starring as a prominent Austrian-American actress.

MADE WITH

Campbell's® Healthy Request® **Tomato Soup**



FEBRUARY: Craft Meals to Love

FIRST FRIDAY IN FEBRUARY

Red Clothing Day

You can support the movement for heart health awareness with these activities:

Wear red

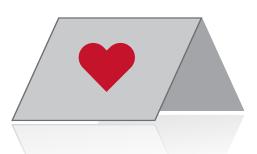
ENCOURAGE EMPLOYEES, TEACHERS, AND ADMINISTRATORS TO WEAR RED CLOTHING

Hang posters

HANG POSTERS THAT SHOWCASE **HEART-HEALTHY FOODS IN CREATIVE WAYS**

Serve a dish

SERVE A HEART-HEALTHY DISH COMBINED WITH AN EDUCATIONAL SIGN OR CARD





2/2 Groundhog Day

Create excitement with cafeteria posters showing two possible meals in the days leading up to Groundhog Day. If Punxsutawney Phil sees his shadow, serve one meal. If he doesn't, serve the other.

2/27

National Strawberry Day

May we suggest adding a pop to today's breakfast with a strawberry topper and a quick "Happy National Strawberry Day!" greeting.

RECIPES OF THE MONTH



BERRY GOOD OATMEAL MADE WITH **GOLDFISH® GRAHAMS BAKED WITH WHOLE GRAIN-FRENCH TOAST**



WINTER STRETCH



LASAGNA SOUP MADE WITH CAMPBELL'S® HEALTHY REQUEST® TOMATO SOUP

MADE WITH

Heart Healthy and Flavorful Campbell's® Healthy Request® **Tomato Soup**



MARCH: Charge Up Menus with Morning Faves

FIRST FULL WEEK IN MARCH

National Breakfast Week

They say breakfast is the most important meal of the day, and we agree! Get the whole school off to a great start by sharing littleknown trivia related to this big meal. Throughout the week, use email, digital signage or large printouts to share fun facts like these:

THE LARGEST BOWL OF PORRIDGE EVER MADE

weighed 3,994 lbs. and 12.42 oz. It was made in Miedzyzdroje, Poland on August 27, 2018.

On October 24, 1999, a man named Mike **Cuzzacrea completed a** marathon in 3 hours, 2 minutes and 27 seconds

WHILE CONTINUOUSLY **FLIPPING A PANCAKE IN A FRYING PAN.**

On March 30, 2019, 574 people set the world record for the

MOST PEOPLE EATING BREAKFAST IN BED.

This yummy feat was pulled off in Johannesburg, South Africa, and all the mattresses were donated to local charities afterwards.

3/3 World Wildlife Day

In honor of World Wildlife Day, help your students learn while on safari! Post signs on each wall of your classroom with wildlife facts and photos, and take your students on a guided tour.

3/20

International Day of Happiness

Designate a big wall or whiteboard as "The Happiness Wall" and let students use sticky notes to announce what makes them happy.

RECIPES OF THE MONTH



OATMEAL TOPPED WITH PEACHES AND GOLDFISH® GIANT GRAHAMS



CHICKEN BREAKFAST CASSEROLE MUFFINS MADE WITH CAMPBELL'S® HEALTHY REQUEST® **CREAM OF CHICKEN SOUP**

WINTER STRETCH



MADE WITH

Campbell's® Healthy Request[®] Cream of Chicken Soup



APRIL: Grow Menus with Fresh Ideas

THIRD **WEDNESDAY**

National Banana Day

For a feel-good touch at breakfast or lunch, offer up bananas that have words of encouragement on them. Using a label maker, stickers or even just a marker, pick a positive phrase (e.g., "Make today amazing") and apply to the outside of each banana. Place these uplifting treats on a table or cart in a high-traffic area to ensure each student has quick and easy access to this pick-me-up.





4/7 World Health Day

Happy World Health Day! Today is a great opportunity for your students to share their favorite healthy habits. Hand out notecards, ask each student to write down what makes them feel healthy, and then tape the cards up in a highly visible spot.

4/22

National Earth Day

Celebrate Earth Day this week by posting amazing facts about our planet and letting students mark or share their favorite one.

RECIPES OF THE MONTH



BREAKFAST BANANA SPLIT MADE WITH GOLDFISH® GRAHAMS BAKED WITH WHOLE GRAIN FRENCH TOAST



SPRING SPRINT



CHICKEN SALAD WRAP MADE WITH CAMPBELL'S HEALTHY REQUEST® CREAM OF CHICKEN SOUP

FEATURING

Campbell's® Healthy Request[®] **Cream Of Chicken**



MAY: Keep Celebrating with End-of-Year Specials

FIRST FULL WEEK IN MAY

Staff Appreciation Week

As the school year hits its final stretch, this week is the perfect time to show the entire school staff how much we appreciate everything they do. Consider gestures like giant thank you cards signed by the whole school or even a special meal that the students all vote on.





Cinco De Mayo

Whether mentioning during class or via digital channels, share out the real meaning of this culturally significant holiday: commemorating May 5, 1862, when a small Mexican Army surprisingly defeated the French Empire at the Battle of Puebla.

5/5

School Lunch Hero Day

As luck would have it, May 5th is also School Lunch Hero Day! Celebrate by posting signs all week long that thank your lunch service staff for everything they do.

RECIPES OF THE MONTH



WHOLE GRAIN PASTA CASSEROLE WITH TURKEY GREEN PEPPER AND MEXICAN SPICES TOPPED WITH **GOLDFISH® MADE WITH WHOLE-GRAIN COLORS**



SPRING SPRINT



CHICKEN AND WHITE BEAN ENCHILADAS MADE WITH CAMPBELL'S® HEALTHY REQUEST® TOMATO SOUP

FEATURING

Campbell's® Healthy Request® **Cream Of Chicken**



JUNE: Finish the Year Strong with Craveable Menus

6/14 FEATURED ACTIVITY

National Flag Day

Celebrate the heritage of the United States flag with a pop quiz! Ask your students the below three questions, and then follow each one up with a fun fact.

QUESTION:

How many stripes are on the United States flag?

ANSWER:

13

FACT:

These 13 stripes represent the 13 original colonies.

QUESTION:

How many stars are on the United States flag?

ANSWER: 50

FACT:

These 50 stars represent the 50 states of our country.

QUESTION:

What year did the current United States flag first appear?

ANSWER:

1960

FACT:

The flag's current version was designed by Ohio high school student Robert G. Heft.



6/6 Higher Education Day

Encourage each student to think about their future by having them send in an email answering the question "After high school, I want to study _____." Use the answers to encourage career-related conversation.

6/8 World Oceans Day

Use today to educate students on some amazing ocean facts by writing them on blue notes and posting them around school. Alternatively, create small printed notes that can be attached to school-provided lunches using stickers.

RECIPES OF THE MONTH







SCHOOL OF GREENS MADE WITH GOLDFISH® MADE WITH WHOLE GRAIN CHEDDAR

Less than 5% of the planet's oceans have been explored.

FEATURING

Goldfish® Baked With Whole Grain Cheddar



Full Year. **Full Menu.**

For your convenience, we've gathered each season's meal ideas and relevant products below. Here's to a fun, fulfilling and efficient school year.

Back to School AUGUST



MORNING MEDLEY TRAIL MIX AND GOLDFISH® GRAHAMS MADE WITH WHOLE GRAIN HONEY BUN







CHEESY CHICKEN & RICE	
QUESADILLAS MADE WITH	
CAMPBELL'S* HEALTHY REQUEST*	
TOMATO COUD	

SLOPPY JOE SLIDER MADE

WITH CAMPBELL'S® HEALTHY

REQUEST® TOMATO SOUP

Month and Product Name	Size	Case Code
AUGUST		
$\textit{Goldfish}^{\otimes}\textit{Baked}$ with Whole Grain Grahams – Honey Bun	1 oz. bag	25083
Healthy Request [®] Tomato - Condensed	50 oz. can	04145
SEPTEMBER		
$\textit{Goldfish}^{\otimes}\textit{Baked}$ with Whole Grain Crackers – Pretzel	.75 oz. bag	14396
Goldfish® Baked with Whole Grain Crackers – Colors	.75 oz. bag	04788
Healthy Request [®] Cream of Chicken - Condensed	50 oz. can	04143

Autumn Season OCTOBER







CREAMY SWEET HEAT & WAFFLES MADE WITH CAMPBELL'S® HEALTHY REQUEST® CREAM OF CHICKEN SOUP

NOVEMBER

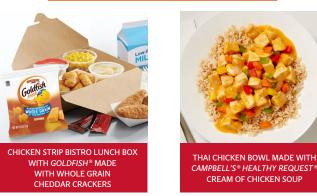


UST PEACHY FRENCH TOAST PARFAIT GOLDFISH® GRAHAMS BAKED VITH WHOLE GRAIN-FRENCH TOAST



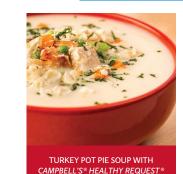
YOGURT PARFAIT WITH FRESH BERRIES AND GOLDFISH **GRAHAMS BAKED WITH WHOLE GRAIN - FRENCH TOAST**

DECEMBER



Month and Product Name Size Case Code Goldfish® Baked with Whole Grain Grahams – Honey Bun 25083 1 oz. bag Healthy Request [®] Cream of Chicken - Condensed 50 oz. can 04143 NOVE Goldfish® Baked with Whole Grain Grahams – French Toast 1 oz. bag 25082 DECE Goldfish® Baked with Whole Grain Crackers - Cheddar 75 oz. bag 18105 50 oz. can Healthy Request ® Cream of Chicken - Condensed 04143

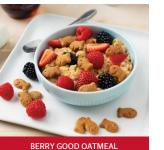
Winter Stretch JANUARY



CREAM OF MUSHROOM SOUP

SOUTHWEST CHEESY CHICKEN TOMATO SOUP MADE WITH AMPBELL'S® HEALTHY REQUEST® TOMATO SOUP

FEBRUARY



MADE WITH GOLDFISH[®] GRAHAMS BAKED WITH WHOLE GRAIN-FRENCH TOAST

LASAGNA SOUP MADE WITH CAMPBELL'S® HEALTHY REQUEST® CONDENSED TOMATO SOUP

MARCH



CHICKEN BREAKFAST CASSEROLE MUFFINS MADE WITH CAMPBELL'S HEALTHY REQUEST® CREAM OF

CHICKEN SOUP

Month and Product Name	Size	Case Code
JANUARY		
Healthy Request [®] Cream of Mushroom - Condensed	50 oz. can	04144
Healthy Request [®] Tomato - Condensed	50 oz. can	04145
FEBRUARY		
$\textit{Goldfish}^{\otimes}$ Baked with Whole Grain Grahams – French Toast	1 oz. bag	25082
Healthy Request [®] Tomato - Condensed	50 oz. can	04145
MARCH		
Giant Goldfish ® Grahams - Cinnamon	.9 oz. bag	26830
Healthy Request [®] Cream of Chicken - Condensed	50 oz. can	04143

Spring Sprint APRIL



BREAKFAST BANANA SPLIT MADE WITH GOLDFISH® GRAHAMS BAKED WITH WHOLE GRAIN FRENCH TOAST



HICKEN SALAD WRAP MADE WITH CAMPBELL'S® HEALTHY REQUEST CREAM OF CHICKEN SOUP





WHOLE GRAIN PASTA CASSEROLE WITH TURKEY, GREEN PEPPER AND MEXICAN SPICES TOPPED WITH GOLDFISH® MAD WITH WHOLE-GRAIN COLORS



CHICKEN AND WHITE BEAN ENCHILADAS MADE WITH CAMPBELL'S® HEALTHY REQUEST TOMATO SOUP

JUNE



EGG-CELENT LUNCH BISTRO BOX WITH GOLDFISH® MADE WITH WHOLE GRAIN CHEDDAR



SCHOOL OF GREENS MADE WITH GOLDFISH® MADE WITH WHOLE GRAIN CHEDDAR

Month and Product Name	Size	Case Code
APRIL		
$\textbf{Goldfish}^{ \otimes} \textbf{Baked}$ with Whole Grain Grahams – French Toast	1 oz. bag	25082
Healthy Request [®] Cream of Chicken - Condensed	50 oz. can	04143
MAY		
${\it Goldfish}^{ \otimes} {\it Baked}$ with Whole Grain Crackers – Colors	.75 oz. bag	04788
Healthy Request [®] Cream of Chicken - Condensed	50 oz. can	04143
JUNE		
$\textbf{Goldfish}^{ \otimes} \textbf{Baked}$ with Whole Grain Crackers - Cheddar	75 oz. bag	18105
Healthy Request [®] Cream of Chicken - Condensed	50 oz. can	04143



Visit campbellsfoodservice.com to learn more.



Another Year Down!

We hope your operation had a successful school year, and we look forward to supporting you next year. Now please, go enjoy your summer break. You've earned it!

And remember, you can always visit campbellsfoodservice.com/K12 for the latest K-12 recipes and seasonal ideas.

